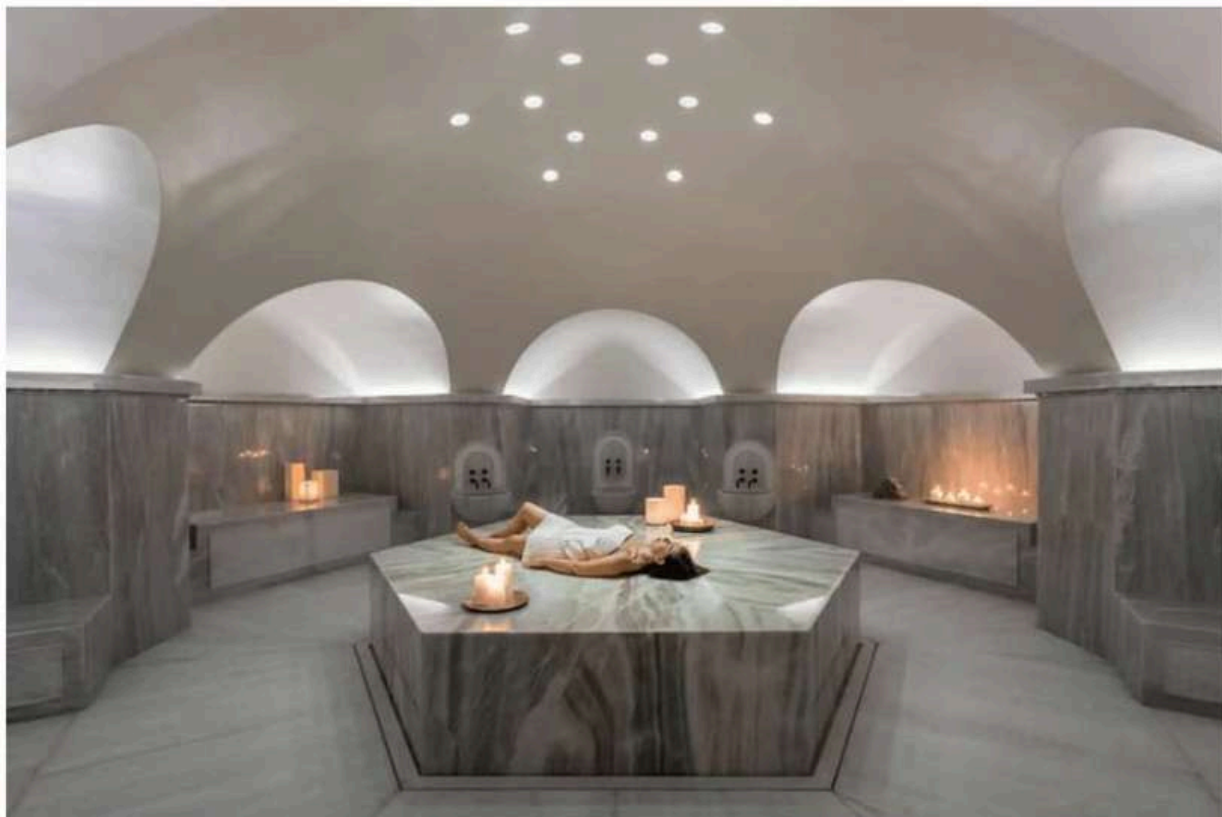




Fortunately for everyone, the **wellness** trend shows no sign of slowing down in 2025. We've rounded up some choice escapes to help clients with their "new year, new me" resolutions while catering to their minds, bodies and souls.

Advanced Medical Wellness at Euphoria Retreat, Greece



Byzantine Hammam at Euphoria.

Euphoria Retreat, located in the Peloponnese, now offers the 360-degree *Euphoria Methodos Advanced Medical Programs*. This personalized approach to longevity and wellness begins a month before arrival with at-home biomarker testing. The program addresses various health concerns, from sleep issues to menopause, using precision medicine diagnostics and tailored interventions. Guests receive custom IVs, doctor consultations and sessions in the Human Regenerator machine. A 2-month aftercare program ensures continued support post-retreat. This comprehensive offering allows travel advisors to recommend a truly personalized wellness journey.

For more information, visit euphoriaretreat.com.